

# RIVIER UNIVERSITY CAMPUS MINISTRY NEWSLETTER

## MARCH 2024

“Humankind is called to co-create, so that we might cultivate the earthly,  
and thereby create the heavenly.”

- *Saint Hildegard on Bingen*

### UPCOMING EVENTS

#### **Sunday 4/7, 14, 21, and 28: Sunday Mass**

*Resurrection Chapel 5:00pm* Attend Mass with the Rivier community!

#### **Sunday 4/14: Relay for Life (American Cancer Society Club Event)**

*Joanne Merrill Field 10am—10pm*

Relay for Life is a team event to raise awareness and funds to the American Cancer Society. Join the Riv Campus Ministry team and help us celebrate cancer survivors, remember loved one, and fight back against cancer! [Click here to sign up](#) (you may need to open the pdf version to click the link).

#### **Wednesday 4/17: Campus Ministry Club Meeting**

*SGA Conference Room 5:30-6:15pm*

Join members of the Campus Ministry Club as they discuss plans for events and other matters related to the group.

#### **Monday 4/22: Interfaith Spirituality Group**

*SGA Conference Room 5:30—6:15pm*

Come discuss topics of spirituality and life in college with students of any and all faith traditions. This month's topics are Passover and caring for the environment.

#### **Tuesday 4/23: Earth Day Fair (Biology Department Event)**

*Dion Reception Room 11:00am—1:00pm*

Stop by the Reception room to learn about the what students in the Stewards of the Living World classes are doing to care for the environment!

#### **Wednesday 4/24: Lunch & Learn with Fr. John**

*SGA Conference Room 12:30-1:00pm*

This month, we'll discuss the connection between spirituality and health by discussing practices that are helpful to the body and soul. *Lunch is provided.*

#### **Thursday 4/25: Faith Feeds Conversation**

*SGA Conference Room 5:30—6:30pm*

Come discuss a topic of faith with your peers over dinner! This month's topic is spiritual wellness. Dinner is provided.

# APRIL RELIGIOUS HOLIDAYS

## EID AL-FITR (ISLAM)

**sundown on April 9 - nightfall on April 10**

Eid al-Fitr marks the end of Ramadan, a roughly month-long period of fasting. Eid al-Fitr can be translated as "the Feast of fast-breaking."

Observance of this holiday usually includes attending a large Eid al-Fitr prayer service and visiting family and friends. A proper greeting for this celebration is "Eid Mubarak!" (pronounced eed moo-bah-ruck) which translates to "happy eid!"



## PASSOVER (JUDAISM)

**sundown on April 22 - nightfall on April 30**

Purim is one of the most joyous and fun holidays on the Jewish calendar. It commemorates a time when the Jewish people living in Persia were saved from extermination. Celebratory customs include reading the Book of Ester, gathering with others to "eat, drink, and be merry", giving to charity, etc. It is appropriate to wish someone a "happy Passover" or in Hebrew, "Chag Pesach Sameach" (pronounced "Chahg pay-SAKH Sa-MAY-Ach).

# Earth Day 2024

Earth Day is an annual reminder that climate change has a major impact on our planet, our lives and our future. It can also increase awareness and drives change. Earth Day continues to evolve and add value to sustainability movements across the globe

Check out the Earth Day Activities Rivier has planned!

## April 2024 - SAVE THE EARTH ALL APRIL

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
1	1 TURN OFF THE WATER WHILE BRUSHING YOUR TEETH	2 USE A REUSABLE WATER BOTTLE	3 LIMIT YOUR SCREEN TIME	4 WRITE DOWN THREE COMMITMENTS TO THE EARTH	5 WATCH A NATURE FILM	6 GO THRIFTING
7 FOLLOW AN ENVIRONMENTAL SOCIAL MEDIA ACCOUNT	8 BENT A BOOK FROM THE REGINA LIBRARY	9 RESEARCH COMPOSTING	10 MAKE AN EARTH-RELATED GRATITUDE LIST	11 HANG DRY YOUR LAUNDRY	12 TAKE A SHORTER SHOWER	13 EXERCISE OUTSIDE
14 SPEND TIME OUTSIDE ON CAMPUS	15 TURN OFF ALL THE LIGHTS WHEN YOU LEAVE THE ROOM	16 USE A REUSABLE STRAW	17 TRY A PLANT-BASED RECIPE	18 UNPLUG CHARGERS/ APPLIANCES YOU AREN'T USING	19 LISTEN TO A PODCAST THAT ADDRESSES SUSTAINABILITY	20 DO AN ART NATURE PROJECT
21 READ A BOOK ABOUT NATURE	22 EARTH DAY HEATLESS MONDAY AT DION	23 WALK OR BIKE TO CLASS	24 ANIMAL ADVENTURES MEET AND GREET	25 MAKE AN EARTH-RELATED GRATITUDE LIST	26 VISIT A FARMER'S MARKET	27 DONATE CLOTHES YOU NO LONGER WEAR
28 SUPPORT A SMALL BUSINESS	29 TRY A PLANT BASED RECIPE	30 TAKE THE STAIRS INSTEAD OF AN ELEVATOR				

## Earth Day SCAVENGER HUNT

can you find these around campus?

- A STICK LONGER THAN YOUR HAND
- A ROCK WITH SPOTS ON IT
- SOMETHING THAT COLLECTS WATER
- A FLAT ROCK
- SOMETHING THAT BEGINS WITH THE SAME LETTER AS YOUR FIRST NAME
- SOMETHING THAT CRUNCHES
- SOMETHING THAT NEEDS THE SUN TO LIVE
- A PIECE OF TRASH TO THROW AWAY
- A TREE TALLER THAN YOUR HOUSE
- AN ITEM THAT CAN BE COMPOSTED
- A PRETTY FLOWER

*more to come!*