



# Rivier

## UNIVERSITY

### M.A.

### Master of Arts in Clinical Mental Health Counseling

## Begin your career in Clinical Mental Health Counseling

Help clients overcome obstacles and transform their lives.

With an M.A. in Clinical Mental Health Counseling, you'll gain the knowledge and skills necessary to advance as a mental health professional.

Mental health counselors are committed to helping people address a range of mental health-related issues, from depression and anxiety to substance abuse and addiction.

With this degree, you will develop the critical thinking skills, compassion, and knowledge necessary to help clients improve their mental health.

#### Available Facilities & Resources

To support your research and learning outside the classroom, you will have full access to Regina Library that offers a variety of academic reference materials such as journals, textbooks, and online databases. You will also be connected with esteemed faculty that are practitioners in their fields.

#### Choose Rivier

Rivier's M.A. programs provide real-world assignments and hands-on experience in the field to help you put theory into practice and develop your skills. Online, on-site, and hybrid classes are available for added flexibility to accommodate your busy schedule and learning preferences. This curriculum aligns with New Hampshire Board of Mental Health Practice standards in order to fulfill eligibility requirements for state licensure. Once you complete the program, you will be a credentialed mental health counselor, LMHC, by the New Hampshire Board of Mental Health Practice, which will further demonstrate your expertise and leadership in the field.



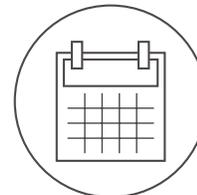
#### Course Format

On campus



#### Total Program Credits

61



#### Estimated Program Length

2.5 years

# Course of Study

## Required Courses

- ED 501 – Fundamentals of Research
- ED 505 – Advanced Psychology of Human Development
- ED 610 – Basic Human Interaction
- ED 611 – Psychotherapy for Children
- ED 614 – Clinical Counseling Theories
- ED 615 – Clinical Counseling Techniques
- ED 616 – Group Counseling
- ED 618 – Ethics of Clinical Counseling
- ED 624 – Psychopathology
- ED 625 – Testing and Assessment
- ED 626 – Positive Psychology
- ED 629 – Addictive Behaviors
- ED 672 – Introduction to Counseling
- ED 681 – Career and Lifestyle Development
- ED 720 – Social and Cultural Foundations
- ED 721 – Advanced Multicultural Perspectives

## Electives

Select one of the following:

- ED 538 – Cognitive Assessment I
- ED 539 – Information Processing and Cognition
- ED 620 – Spiritual Dimensions of Counseling
- ED 704 – Personality Assessment I
- ED 705 – Neuropsychological Assessment I

## Internship/Seminars

- ED 650 – Internship/Seminar in Clinical Mental Health Counseling I
- ED 651 – Internship/Seminar in Clinical Mental Health Counseling II

## Other Program Requirements

- 50 hours of pre-practicum in mental health counseling
- 700 internship hours
- Candidacy review which includes disposition review
- E-Portfolio review for candidacy, internship, and graduation
- Successful completion of comprehensive examination

## Licensure

LMHC licensure by the New Hampshire Board of Mental Health Practice entails completion of the degree program and post-master's supervised work experience.

## Accreditation

Rivier University is accredited by the New England Commission of Higher Education, Inc. (NECHE).

## How to Apply

1. **Apply online** at [rivier.edu/apply](http://rivier.edu/apply). There is no application fee.
2. **Review and complete the application process** at [rivier.edu/gradadmissions](http://rivier.edu/gradadmissions).
3. **Have questions?** For personal support, contact us at (603) 897-8507 or email [admissions@rivier.edu](mailto:admissions@rivier.edu).

## M.A.

### Program Start Dates

Six term starts per year allow you to begin your program in September, October, January, March, May, or July. Completed applications are reviewed as they are received throughout the year.

# 7 & 14

Week course options

# 86

Years of Educational Excellence

# 23,000+

Strong alumni network

## Quick Links

**Ask a Question** – [admissions@rivier.edu](mailto:admissions@rivier.edu)

**Meet with an Enrollment Advisor** – [rivier.edu/team](http://rivier.edu/team)

**Attend a Graduate Info Session** – [events.rivier.edu](http://events.rivier.edu)

**Tuition & Fees** – [rivier.edu/tuition](http://rivier.edu/tuition)

**Facebook** – [facebook.com/rivieruniversity](https://facebook.com/rivieruniversity)

**Twitter** – [twitter.com/rivuniversity](https://twitter.com/rivuniversity)

**Instagram** – [instagram.com/rivieruniversity](https://instagram.com/rivieruniversity)

**Apply Now** – [rivier.edu/apply](http://rivier.edu/apply)