



# Rivier

## UNIVERSITY

### M.A.

### Master of Arts in Clinical Mental Health Counseling

## Pursue your career in Clinical Mental Health Counseling

Help clients overcome obstacles and  
transform their lives.

With an M.A. in Clinical Mental Health Counseling, you'll gain the knowledge and skills necessary to advance as a mental health professional.

Mental health counselors are committed to helping people address a range of mental health-related issues, from depression and anxiety to substance use disorders. With this degree, you will develop the critical thinking skills, compassion, and knowledge necessary to help clients improve their mental health.

### Licensure

Completion of all program requirements fulfills eligibility requirements for state licensure as a licensed clinical mental health counselor (LCMHC). After receiving your master's degree, licensing requires successful completion of the National Clinical Mental Health Counseling Exam (NCMHCE) and 3,000 hours of post-master's clinical work in a counseling environment. Clinical work must occur over 2-4 years, be supervised by a LCMHC, and be pre-approved by the NHBMP.

### Choose Rivier

Rivier's M.A. programs provide real-world assignments and hands-on experience in the field to help you put theory into practice and develop your skills. Online, on-site, and hybrid classes are available for added flexibility to accommodate your busy schedule and learning preferences. This curriculum aligns with New Hampshire Board of Mental Health Practice standards in order to fulfill eligibility requirements for state licensure. Once you complete the program, you will be a credentialed mental health counselor, LMHC, by the New Hampshire Board of Mental Health Practice, which will further demonstrate your expertise and leadership in the field.



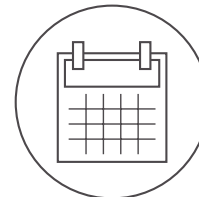
### Course Format

On campus



### Total Program Credits

61



### Estimated Program Length

3 years

## Course of Study

### Counseling Core Courses

- ED 610 - Basic Human Interaction
- ED 614 - Clinical Counseling Theories
- ED 615 - Clinical Counseling Techniques
- ED 616 - Group Counseling
- ED 672 - Introduction to Counseling

### Counseling Content Courses

- ED 611 - Psychotherapy for Children
- ED 618 - Ethics of Clinical Counseling
- ED 624 - Psychopathology
- ED 625 - Testing and Assessment
- ED 629 - Addictive Behaviors
- ED 681 - Career and Lifestyle Development
- ED 720 - Social and Cultural Foundations
- ED 721 - Advanced Multicultural Perspectives

### Foundational Courses

- ED 501 - Fundamentals of Research
- ED 505 - Advanced Psychology of Human Development
- ED 626 - Positive Psychology

### Recommended Electives

*Choose one course:*

- ED 538 - Cognitive Assessment I
- ED 539 - Information Processing and Cognition
- ED 620 - Spiritual Dimensions of Counseling
- ED 623 - Marriage and Family Therapy
- ED 704 - Personality Assessment I
- ED 705 - Neuropsychological Assessment I

### Internship/Seminars

- ED 650 - Internship/Seminar in Clinical Mental Health Counseling I
- ED 651 - Internship/Seminar in Clinical Mental Health Counseling II

### Other Program Requirements

- 50 hours of pre-practicum in Clinical Mental Health Counseling
- Candidacy review which includes disposition review
- E-Portfolio review for candidacy, internship, and graduation
- Successful completion of comprehensive examination

### Accreditation

Rivier University is accredited by the New England Commission of Higher Education, Inc. (NECHE).

## How to Apply

1. **Apply online** at [rivier.edu/apply](http://rivier.edu/apply). There is no application fee.
2. **Review and complete the application process** at [rivier.edu/gradadmissions](http://rivier.edu/gradadmissions).
3. **Have questions?** For personal support, contact us at (603) 897-8507 or email [admissions@rivier.edu](mailto:admissions@rivier.edu).

## M.A.

### Program Start Dates

Six term starts per year allow you to begin your program in September, October, January, March, May, or July. Completed applications are reviewed as they are received throughout the year.

# 7 & 14

Week terms

Six terms per year

# 88

Years of educational excellence

# 24,000+

Strong alumni network

## Quick Links

**Ask a Question** - [admissions@rivier.edu](mailto:admissions@rivier.edu)

**Speak with an Enrollment Counselor** - [rivier.edu/team](http://rivier.edu/team)

**Attend an Info Session** - [events.rivier.edu](http://events.rivier.edu)

**Tuition & Fees** - [rivier.edu/tuition](http://rivier.edu/tuition)

**Facebook** - [facebook.com/rivieruniversity](https://facebook.com/rivieruniversity)

**Twitter** - [twitter.com/rivuniversity](https://twitter.com/rivuniversity)

**Instagram** - [instagram.com/rivieruniversity](https://instagram.com/rivieruniversity)

**Apply Now** - [rivier.edu/apply](http://rivier.edu/apply)