



Campus Advocacy, Resources, and Education for Safety

*Educating the campus community about sensitive issues such as sexual assault, domestic violence, dating violence, and stalking.*

## Core Values

### > Support Hub

CARES serves as a dedicated resource and support hub for individuals affected by gender-based violence. It provides a safe space where students can seek assistance, information, and support.

### > Education and Awareness

CARES conducts workshops, training sessions, and campaigns to educate the campus about the signs of sexual assault, domestic violence, dating violence, and stalking. These initiatives aim to raise awareness about these sensitive issues and equip the community with knowledge on prevention strategies and available resources.

### > Advocacy and Empowerment

CARES advocates for individuals affected by gender-based violence, empowering them to recognize, respond to, and seek help for instances of misconduct. By fostering a culture of understanding and empathy, CARES encourages proactive intervention and support.

### > Collaboration

CARES collaborates closely with campus partners and community agencies. This collaboration ensures a coordinated response to incidents of gender-based violence and facilitates access to a comprehensive range of support services for survivors.

### > Promoting a Safe and Inclusive Environment

CARES strives to promote a campus environment that is safe, respectful, and inclusive for all individuals. It works towards eliminating barriers that prevent students from thriving academically and socially due to the fear of gender-based violence.

File a Title IX Report

[www.rivier.edu/titleixreport](http://www.rivier.edu/titleixreport)



Report anonymously online

[www.rivier.edu/silentwitness](http://www.rivier.edu/silentwitness)



*Silent Witness is NOT a 911 or Emergency Service. If you require immediate or emergency assistance, please contact Rivier Public Safety and Security at (603) 888-1666.*



Campus Advocacy, Resources, and Education for Safety

Rivier University

# A Culture of Respect

*A Guide to Understanding Gender-based Violence on Campus*



Campus Advocacy, Resources, and Education for Safety



# Words *to* Know

## SEXUAL ASSAULT

Defined as having or attempting to have sexual intercourse with another individual by use of force and/or threat of force, without effective consent, and if/when the individual is incapacitated or physically and/or mentally unable to make informed and reasonable judgments.

## STALKING

Occurs when a person engages in a course of conduct or repeatedly commits acts towards another person under circumstances that would place the person in reasonable fear for safety or of harm or bodily injury to self or to others, or reasonably cause substantial emotional distress to the person.

## INTIMATE PARTNER VIOLENCE

Refers to dating violence, domestic violence, or relationship violence. Intimate partner violence includes any act of violence or threatened act of violence against a person who is in or has been involved in a sexual, dating, and/or other intimate relationship with the other person.

## CONSENT

An active, conscious, and voluntary decision by each participant to engage in mutually agreed-upon sexual activity.

## BYSTANDER INTERVENTION

A violence prevention strategy used by individuals to intervene/interrupt/distract a potentially harmful situation, including stopping actions and/or comments that promote sexual violence.

# What *to* Do

*if you have experienced sexual or relationship violence*

## Go to a hospital or medical provider ASAP

Especially if a sexual assault took place, this is the best option in order to provide and ensure physical safety, emotional support, and medical care.

### Southern NH Medical Center

(1.4 miles away from campus)  
(603) 577-2000

### St. Joseph's Hospital

(3.0 miles away from campus)  
(603) 882-3000

## Contact Public Safety

Public Safety (located in the Dion Center) can provide immediate assistance, take a report, ensure immediate safety and well-being, make a referral to the Title IX Coordinator, coordinate transportation to the hospital, and refer support services.

### Rivier University Public Safety

Dion Center  
(603) 888-1666

## Connect with a Confidential Advocate or Speak to a Counselor

Regardless of whether or not an incident is reported, help and support is always available.

### Rivier University Counseling and Wellness Center

(603) 897-8251

### Bridges Crisis Center

(24-Hour Advocate Support Available)  
(603) 883-3044

### Rivier Campus Ministry Director

(603) 897-8577  
(On-Campus Confidential Support)

# What Happens Next?

## Speak to a Title IX Coordinator

The Title IX Coordinator receives information and files the complaint(s) involving sexual misconduct incidents and can help survivors decide which available options are best suited for the individual/incident.

### Title IX Coordinator

(603) 897-8244  
titleixcoordinator@rivier.edu

## Take Care of Yourself

- Get support from friends & family. Advocates and counselors are also available if friends and family are not.
- Use stress reduction techniques, like exercise, yoga, listen to music, and prayer/meditation.
- Maintain a balanced diet and be sure to get enough sleep.
- Consider keeping a journal as a way to express your thoughts and feelings.

## What You Can Do

- Step up and say something if you see something you know is wrong.
- End victim blaming.
- Hold friends and yourself accountable for the actions and in-actions regarding gender-based violence.



Campus Advocacy, Resources, and Education for Safety