



**Rivier Institute for  
Senior Education**

*Where curiosity never retires*

### **RISE MEMBERS SPEAK: OUR FAVORITE COURSES**

1) "Chicago World's Fair" - One of my favorite classes at RISE was about the 1933-34 Chicago World's Fair. Finding out all about the exhibits and history was fascinating and fun! - Pat

2) "Exploring Shakespeare" - My favorite RISE courses were those exploring Shakespeare. They made me recall my undergraduate literature courses (from many years ago) and involved meeting like minded fellow students exploring the culture and language of the times. - Karen

3) "History Through Rock" - Fascinating discussion which focused on the connection between music (rock) and history. As a child of the 60's this was a great way to reminisce and to think about the parallels between then and now.- Denise

4) "Art Appreciation" - Since joining RISE I have taken every art appreciation course. Each course concentrates on one artist: their life, their works and their visuals. - Jane

5) "NH Trees" - I was surprised at how much I learned in this class about NH, population and forest growth and regrowth." Nancy

6) "Religions of the World" Very interesting and informative. I found that most religions have the same basis. Differences come from interpretations. - Helen

- 7) "On Death and Dying" - I learned about the purpose of Hospice, and also about the process of the body shutting down. Grief and how family and dying person grapples with the passing was also useful. - Pat
- 8) "Chair Exercise" - Loved the chair exercises. I use this routine every day - Ellen
- 9) "Songs of the Vietnam Era" - The instructor was very motivated, a lot of class participation - Pam
- 10) "Puritans, Pilgrims & Plymouth Colony" - Great instructor, lots of handouts and selections of books to read. - Mike
- 11) "Morning Exercise" - You don't feel intimidated like the gym classes. The instructor is very kind and always shows you alternative moves - Mary
- 12) "Work and Happiness" - So useful. - Jan
- 13) "Shared Writing" - It gives me an opportunity to explore different styles of writing, to have a healthy outlet to express my feelings and opinions, and to learn from and share with others in a safe interactive environment. Useful feedback too. Taking this class made me feel like I've rediscovered a long absent part of myself.- Julia, Julie, Carol
- 14) "Cosmology" - Even after this course ended we are continuing to meet on ZOOM. - Ellen
- 15) "Art History" - My favorite class is not one, but all of the art history classes. They bring meaning to all forms of art throughout the ages. - Carol, Christine
- 16) "Apple Update" - Semester after semester, keeping me informed and safer online.- Diane, Maureen
- 17) "Native Americans" - We understand so little of our native Americans. This course helped a bit. - Helen

18) "Mathematics & Music" - Liked this course as I am interested in both. - Richard

19) "American Women Writers" - A great focus on those writers often ignored. - Jan

20) "World War II In Europe" - I never liked history as a child as it was all memorization. What a difference this course made. - Nancy

21) "Friday Movies" - Love the themes - Ellen