

[illegible]

Thursday	Term 1					Thursday	Term 2				
TIME	Course Title	Facilitator	Location	Limit	Weeks	TIME	Course Title	Facilitator	Location	Limit	Weeks
10:00 - 11:30	RISE Speakers Forum	Nancy Nordstrom	ZOOM	-	5	10:00 - 11:30	RISE Facilitator Showcase	Nancy Nordstrom	ZOOM	-	5
1:00 - 2:30	Shared Writing Experiences	Gibson/Pogue	ZOOM	-	10	1:00 - 2:30	Shared Writing Experiences	Gibson/Pogue	ZOOM	-	10
1:00 - 2:00	Aqua Aerobics	Lorraine Matkowsky	Langdon	12	10	1:00 - 2:00	Aqua Aerobics	Lorraine Matkowsky	Langdon	12	10
1:00 - 2:30	Holistic Pathways to Health and	Joan Goeckel	ZOOM	20	5	3:00 - 4:30	Home 2: Painting Culture	Nancy Baker	ZOOM	-	5
	Happiness						through a Sense of Place				
3:00 - 4:30	Still Life: Beauty in the Mundane	Nancy Baker	ZOOM	-	5						
Friday	Term 1					Friday	Term 2				
TIME	Course Title	Facilitator	Location	Limit	Weeks	TIME	Course Title	Facilitator	Location	Limit	Weeks
10:15 - 11:45	YogaDance	Gloria Bry	MHFC	12	10	10:15 - 11:45	YogaDance	Gloria Bry	MHFC	12	10
10:00 - 11:30	Apple Update	Watkins/Brophy	Benoit 201		5	10:00 - 11:30	Catechism of Catholic Mass	Ralph Barnett	Benoit 201	-	5
10:00 - 11:30	The Power of Love	William Sawyer	ZOOM		5	10:00 - 11:30	Painting and Crafts	D. Boutaud	Benoit 203	12	5
10:00 - 11:30	French Conversation	D. Boutaud	Benoit 204	20	5	10:00 - 11:30	Fooling with Poetry	Raudonis/Toohey	Benoit 204	15	5
1:00 - 2:30	Coming to our senses	Gloria Bry	Benoit 204		10	1:00 - 2:30	Coming to our senses	Gloria Bry	Benoit 204		10
1:00 - 2:30	Scams A-Z and how to protect	Ben Niles	Benoit 203		1	1:00 - 2:30	The Gilded Age	David McNeil	Benoit 203		5
	yourself					1:00 - 2:30	America's Roads:	Cal Knickerbocker	Benoit 301	-	5
	Single Session 2/13/2026						From Colonial Days to Present				
1:00 - 2:30	Songs of the Viet Nam Era	Terrie Vincent	Benoit 203		1	2:45 - til end	Friday Afternoon at the Movies	Susan Deschenes	Mem 104	82	5
	Single Session 2/20/2026						Trekking the Earth, the Sky and Space				
2:45 - til end	Friday Afternoon at the Movies	Wade Robbins	Mem 104	82	5	3:00 - 4:30	Fabulous Handmade Cards	Lynn Thieret	Mem 205	15	5
	Robert Redford through the Decades										
3:00 - 4:30	Singing Bowls Sound Session	Lorraine Ludwicki	LC	18	1						
	Single Session 2/27/2026										
	LOCATION KEY:										
	LC = Learning Commons 2 Robinson Rd (next to Haywards Ice Cream)										
	Memorial Hall Rooms 102, 103, 104, 105 and 121										
	MHFC = Muldoon Health & Fitness Center										
	SIC - Science and Innovation Center										
	STH - Sylvia Trottier Hall										
	HUNT = The Hunt Community 10 Aids Street, Nashua										
	HNTGN = The Huntington, 55 Kent Lane, Nashua										
	Langdon - Langdon Place Pool 319 East Dunstable Rd, Nashua										
	NPL TH - Nashua Public Library Theater, 2 Court St., Nashua										
	NPL LM - Nashua Public Library Large Meeting Room										