

FALL 2022 RISE COURSE FACILITATORS

Nancy Baker is a classicist by training and taught classical languages, philosophy, and the history of ideas for many years. In retirement she has been doing adult education and programming, has been a docent at the Currier Museum of Art for over 10 years and is an advocate for free public libraries.

Tom Barry has an MBA from NH College; BA English Lit from UMass Boston. Tom has been a previous Rise facilitator. He taught Economics at the Vocational Tech, and has worked for Digital equipment, Compaq computer, and HP.

Dr. Barbara Hardy Beierl has teaching a variety of courses at RISE for the past few years. I've taught courses on American, English, and World literature. They have included fiction, drama, poetry, and non-fiction. I also teach Shakespeare and Animals in Fiction. This semester, I am offering a Humanities course that features literature, history, and art.

Martha Brooks As a Certified Zentangle Teacher, it is my great joy to share this fun, relaxing, and easy to do art method! I am a retired Speech Pathologist who loves family & friend gatherings, rescuing greyhounds, and the Coast of Maine.

Judy Brophy has been translating technology into understandable English for over 40 years. She retired from Keene State in 2015 as an educational technologist. She currently teaches technology to seniors in area colleges and libraries. In the computer versus humans' game, she is rooting for the humans.

Paul H. Carr BS, MS, MIT; Ph.D., Brandeis U, IEEE Life Fellow, led a branch of the AF Research Lab that developed the SAW components used in cell phones and radar. He taught philosophy courses at U Mass Lowell that inspired his book "Beauty in Science and Spirit." He taught at RISE, 2010, 2014-2021. His web page: www.MirrorOfNature.org

Amy Jo Cielinski is a 500-hour certified Yoga Teacher trained in the shakti flow tradition of At OM Yoga in Concord, NH and Bethel Farm Yoga in Hillsborough, NH, along with additional training through the National Multiple Sclerosis Society, yoga for hip/knee replacements, and yoga for osteoporosis.

James Collins is a graduate of Engineer Manhattan College, P.E. and Adelphi U, MBA. He worked for 35 years at Arthur D. Little as a Corporate Executive, 18 years as a Corporate Management Consultant, and is also a lecturer and author. Now a retired Technical and Management Consultant.

Professor Diane Connell I have taught students identified with Special Needs, as well as college undergraduates, and graduate students. I am married with two grown children. I taught at Rivier University for the past 20 years and am enjoying teaching in the RISE program now as well.

Cynthia Geiger a RISE member since 2004 has been doing genealogy since 1996. What started as a casual interest has become an obsession. She describes herself as a detective searching for that elusive ancestor. She co-facilitates this course with **Frances Rodier** who has been a RISE member since 2008 and been interested in genealogy for decades. She enjoys the "thrill of the hunt" for her NY and PA ancestors and helping others on their journeys of discovery.

Joan Gibson a retired English and ESL teacher. I have facilitated writing classes in RISE since the turn of the century!

Joan Goeckel is a Graduate of Southern NH University. Successfully designed and led workshops for various businesses for over ten years. My passion is to share energy healing work which I have studied and practiced over the past 30 years and shared in volunteer settings, agencies.

Robert Hoffman is a professional musician, speaker, and writer on music with eclectic tastes and diverse experience, including many years as a RISE facilitator.

Sheila Kabat has been a lover of art and art appreciation as a lifetime passion during her adult life. Learning to sketch, paint and study since her 20's, travel to numerous art museums in Spain, Ireland, France, Italy and throughout the US. She has enjoyed the opportunity to study/research artists and their works for and with RISE students for the last 15+ years.

Marjorie Kamp B.S - University of Massachusetts, Amherst, M.Ed. Antioch College, and MBA from Suffolk University - 10 years teaching and coaching in the Wellesley Public Schools, followed by years in procurement management in Digital Equipment Corp, Raytheon, MetLife and EMD Millipore. I'm a consummate, active outdoors person and lover of nature, especially birds and national parks. I'm a new facilitator at RISE and looking forward to working with you on acting kindly toward our planet.

George King is a mechanical engineer who enjoys classical music and enjoys teaching it to others.

Cal Knickerbocker, a former instructor, and education manager at IBM, has taught at the University of Texas, Dallas, and for RISE students since 1999.

Grandmaster Bobby LaMattina has helped thousands of people transform and reach their full potential with his courses, workshops, and meditations. Grand Master has dedicated his life to helping people instill good morals and values.

Lorraine Ludwicki is a Clarity Catalyst Life Coach & Trainer. As a personal development coach, she shares experiential tools and techniques to cultivate new interests and wake up latent aspirations to live your best life now. Lorraine started her coaching practice and classes in 2015 after certifying in "Creative Insight Journey" based on the Stanford University Master's Degree program, Creativity in Business - The Art of Success. The course was further developed to integrate emotional intelligence, mindful living and present moment thinking. She's guided a global community of individuals toward living lives with imagination and creativity. Lorraine is the Founder and Owner of Imagine Personal Development.

Joanne Merrill is the Director of Athletics at Rivier University and longtime instructor for the Exercise Class. After a 2-year covid-hiatus, let's get moving again!

Dr. Ann McGreevy lives in Marblehead, MA. She was a Professor of Education at Notre Dame College and UNH Manchester for many years. She is a widely published writer on gifted and talented education and lives of eminence. Dr. Ann loves the genre of mysteries and looks forward to sharing her selections.

David McNeil has taught Social Studies at Alvirne High School in Hudson for over 30 years and has been teaching RISE classes for about 15 years. I have bachelor's degree in Sociology from UNH and a master's degree from Rivier University in Education.

Nancy Nordstrom, M.Ed., is a frequent RISE facilitator, member of the RISE Curriculum Committee and the author of "Learning Later, Living Greater: The Secret for Making the Most of Your After-50 Years." Prior to retirement she was the Director of the Road Scholar Institute Network.

Connie Owen has been affiliated with the RISE Program since 2005, as member, facilitator, and board member. She is a retired therapist and has worked in the substance use disorder field as well as the employee assistance arena. Retired counselor/teacher; RISE member and facilitator for over fifteen years.

John Pensack a retired AF LtCol, with assignments in Japan & S Korea. Avid geopolitical researcher with several years of conducting geopolitical classes at RISE and on ZOOM.

Valerie Raudonis Co-presenting with **Barbara Toohey**, who has presented other courses. I recently presented one Friday Forum, of which I am a member of this subcommittee of the Curriculum committee. I am recently retired from the practice of law in Nashua, my native home. I have written poetry for decades, more recently studied it, and am a member of the board of directors of the Poetry Society of NH.

Frances Rodier has been a RISE member since 2008 and been interested in genealogy for decades. She enjoys the "thrill of the hunt" for her NY and PA ancestors and helping others on their journeys of discovery.

John Sanders John enjoys older movies, he loves watching great films and exploring what makes them so enjoyable. He likes to pretend that he knows a lot about them but is quite resourceful finding information.

William Sawyer holds an MBA from the University of Pennsylvania and a Ph.D. from the University of New York; M.A. (B.C. Spirituality and Ministry). He presented workshops on spiritual transformation at two Franciscan centers and two prisons for more than 10 years.

Jon Spira-Savett has served as rabbi of Temple Beth Abraham in Nashua since 2008. In the local community, he has served twice as president of the Nashua Area Interfaith Council, sits on the Ethics Committee of Southern New Hampshire Medical Center, is a co-convenor of the Greater Nashua Interfaith Housing Justice Group, and represents the rabbis of the state on the Commission for Holocaust and Genocide Education. Rabbi Jon has interests in teaching ethics, history, and textual interpretation. He grew up in St. Paul, Minnesota and together with his wife Laurie is the parent of three children.

Barbara Toohey is a retired English teacher who has taught several literature courses at RISE. Her passion for poetry leads her to offer classes featuring poets such as Dickinson, Bronte, and Millay. Barbara has also participated in poetry workshops both at RISE and in other venues. In addition, Barbara has been an active member of the RISE community serving on the RISE Curriculum Committee, the Executive Committee, and the Committee to Plan for Online Learning.

Lynn Thieret is an RN and teaches in the nursing department at Rivier University for the past 28 years. She also teaches rubber stamping and paper crafting classes for the past 25 years. She has been an active participant in the RISE program for the past 10 years and enjoys using her creativity to help promote paper crafting. Each class is a fun and exciting time of working together crafting.

John Watkins John is a 6.5-year facilitator at RISE. The last 4 years of his 37-year career at Raytheon he spent teaching fellow employees how to better use the technology IT had provided. From laptops to cell phones John continues to stay abreast with new technology. He is certified as an instructor by FEMA, CERT, ALERRT to present courses such as Disaster Planning, Until Help Arrives, and Civilian Response to an Active Shooter. John is also a certified instructor for the Advanced Law Enforcement Rapid Response Training organization. ALERRT training is the preferred training of the FBI and many police departments, including our local PDs. John is a member of the AARP Fraud watch team; he is also a National Cyber Security Association Champion. He speaks frequently to seniors about staying safe online.

Nordstrom: RISE Speakers (Previously Friday Forum) Brought to you by the RISE Curriculum Committee. Over the course of five weeks the RISE speakers will engage RISE members on a wide variety of topics. Sponsored by the Curriculum Committee, the RISE Speakers brings the outside world to RISE.