



FALL 2020 FACILITATORS

Nancy Baker has trained as a classicist, and taught classical languages, philosophy and the history of ideas for much of her professional life. In retirement she does programming for the Currier Museum of Art, local libraries, senior living centers, and community and church groups. Art history is a particular passion.

Dr. Barbara Hardy Beierl is a native New Yorker, and has been a RISE facilitator for the past five years, teaching courses on Shakespeare, literature & history, and drama.

Martha Brooks became a certified Zentangle teacher in 2017. Her passion is sharing Zentangle with youngsters and elders. She is a retired speech/language pathologist from the Nashua schools. She offers classes to Home, Health, & Hospice, medical practices, colleagues, friends; and is a Visiting Artist in elementary schools.

Judy Brophy, is a retired educational technology consultant in corporations and higher education. She has 40 years of experience creating engaging media. Doing is learning and learning is fun.

Paul Carr BS, MS, MIT; Ph.D., Brandeis U, IEEE Life Fellow, led a branch of the AF Research Laboratory that developed the SAW (Surface Acoustic Wave) components used in cell phones and radar. The Templeton Foundation awarded him grants for philosophy courses he taught at U Mass Lowell. These inspired his book "Beauty in Science and Spirit." He has taught at RISE, 2010, 2014-2019. His web page is www.MirrorOfNature.org.

Amy Cielinski Amy Jo is a Certified Yoga Teacher (500 hour) trained in the Shakti Flow Tradition of At Om Yoga in Concord, NH and Bethel Farm Yoga in Hillsborough, NH along with additional training through the National MS Society, Yoga for Osteoporosis, and Yoga for Hip/Knee joint replacement (prehab and rehab).

James Collins is a graduate of Engineer Manhattan College, P.E. and Adelphi U, MBA. He worked for 35 years at Arthur D. Little as a Corporate Executive, 18 years as a Corporate Management Consultant and is also a lecturer and author.

Diane Connell taught full time in the Division of Education & Counseling at Rivier University from 1996-2018. She now teaches there as an Adjunct Professor Emeritus. Professor Connell brings her professional concentrations, which include Special Education, Education, Psychology, and Psychopathology, to the RISE course "Learning

about your Brain: Discovering Ways to Enhance your Life." She is married and has two grown children; she enjoys yoga, meditation, and going to the gym.

Merle Luber Friedenberg received her Ph.D. in History from New York University. After teaching at the undergraduate level she has turned to Life Long Learning Institutes as her source of inspiration and expansion of her knowledge.

Cynthia Geiger, a RISE member since 2004, has been doing genealogy since 1996. What started out as a casual interest, has now become an obsession for Cynthia. She describes herself as a detective searching for that elusive ancestor.

Joan Gibson is a retired educator, a current RISE facilitator for the Shared Writing course, and a regular contributor to the DAWN magazine.

Robert Hoffman is a professional musician, speaker, and writer on music, with eclectic tastes and diverse experience, including facilitating for the RISE program.

Marina Kirsch has over a hundred Flight of Remembrance events in eleven states since 2012 based on her award-winning book, Flight of Remembrance. Marina is a sought-after speaker who brings a message of hope to audiences, encouraging them to adopt a lifelong dream, goal, and vision powered by love and supported by faith. She also promotes the continued preservation of World War II memories and presents a new perspective on the war through her family's experiences on the other side. A resident of Kensington, NH, she is a freelance graphic designer, book designer, and editor, as well as an officer and Distinguished Toastmaster with the Exeter Speak-Ups club in Exeter and a presenter in the New Hampshire Humanities-to-Go program.

Grandmaster **Bobby LaMattina** has helped thousands of people transform and reach their full potential with his courses, workshops, and meditations.

Robert Lemay is a retired mechanical design engineer with 25+ years of experience. Using his 3D printer, he has designed and printed over 200 parts.

Katy Magoon-Fredette obtained her Bachelor's Degree in Health Science with an Option in Nutrition from Keene State College and completed her Dietetic Internship through the University of New Hampshire. Katy's career with Hannaford has spanned nearly 10 years. She has provided point of sale education and community outreach in eight Hannaford stores to date—possibly more than any other Hannaford Dietitian. Katy currently provides services at the Nashua Hannaford Supermarket. It's Katy's greatest pleasure to be able to bring nutrition education to life right where people procure their food. She resides in Hopkinton, NH with her husband, two young sons, and boxer.

Nancy Nordstrom, M.Ed. is the author of "Learning Later, Living Greater: The Secret for Making the Most of Your After-50 Years," and the retired director of the Road Scholar Institute Network. She has facilitated many courses and served on various committees at RISE.

John Penasack has a BS-SUNY Education, BS Aero Engineering Texas A&M, is a retired AF Lt Col, and for 8 years has facilitated the Geopolitics courses for RISE.

Charlotte Pogue graduated from Northeastern University's Co-op program with a degree in Math and added an MBA specializing in Accounting and Information Technology. She retired after forty-four years in IT, designing and coding software and managing operations. She stepped into a classroom decades and decades ago and never came out!

Frances Rodier has been a RISE member since 2008 and interested in genealogy for decades. She enjoys “the thrill of the hunt” for her NY and PA ancestors and helping others on their journey of discovery.

John Sanders claims that he doesn't know much about films, but he compensates by looking things up for each film.

William Sawyer holds an MBA from the University of Pennsylvania and a Ph.D. from the University of New York; M.A. (B.C. Spirituality and Ministry). He presented workshops on spiritual transformation at two Franciscan centers and two prisons for more than 10 years.

Stephanie St. Laurence is a teacher, academic advisor, and transitional counselor/success coach for adolescents and adults, with a special interest in first generation students with special needs and learning differences. Stephanie holds both a Master's Degree in Educational Studies and a Post-Graduate Certificate in Program Planning and Evaluation from Tufts University. She works in the college arena, library venues, school settings, and assisted living facilities. Stephanie is a Massachusetts certified teacher for secondary grades 5-12, customizing effective study strategies and time management skills across all curriculum frameworks.

John Watkins John is retired from Raytheon IT. He is certified by FEMA and ALERRT.org to teach disaster preparedness, and Civilian Response to an Active Shooter Event. He currently serves as the Education/Training officer for the Nashua Community Emergency Response Team. He is also a member of the AARP Fraud Watch Team.