



Spring Semester 2020

Term 1: February 10–March 13

Term 2: March 16–April 24

(No classes April 6-10)

Rivier Institute for Senior Education (RISE)
where curiosity never retires



RISE INFORMATION SESSION

Friday, January 17, 2020 • 1 – 3 p.m.
Dion Center Reception Room
Rivier University

LEARN ABOUT RISE AND WHAT WE OFFER!

The Information Session is an informal event where you can meet course facilitators, ask questions, and enjoy light refreshments. Stop by anytime between 1 and 3 p.m.

BRING A FRIEND!

- RISE is pleased to offer over 25 new courses for the spring semester!
- In addition, RISE offers enrichment courses which do not count towards the standard course limit of five 10-week courses or ten 5-week courses.
- Deadline to register for this semester is Monday, January 20.
- RISE membership fee is \$130 for the spring semester.

A Course Request Form is provided on the last page of this brochure. You may register for courses as soon as you receive this brochure by dropping off your completed form at the RISE Office, or you may register at the Information Session. RISE accepts checks only, payable to Rivier University. **Sorry, cash and credit cards are NOT accepted.** You will receive a confirmation of your registration with your class location in the mail approximately three weeks after the Information Session.

All courses and schedules are subject to change. RISE reserves the right to cancel any course due to insufficient enrollment.

The membership fee is NON-REFUNDABLE after the first week of classes, except for medical reasons.

For further information, call (603) 897-8623 or email rise@rivier.edu.

Morning classes normally meet from 9 to 10:30 a.m. and 10:45 a.m. to 12:15 p.m.; afternoon classes meet from 12:30 p.m. to 2 p.m. and 2:15 p.m. to 3:45 p.m. The Dining Center is open from 11:15 a.m. to 1:45 p.m. Classroom assignments and other details will be sent with your registration confirmation.



History of RISE

The Rivier Institute for Senior Education (RISE) incorporates active participation and fellowship to create a vibrant and nurturing learning environment. Since its inception in 1997 by Rose H. Arthur, Th.D., the RISE program has grown and thrived on Rivier University's campus to be a welcoming community of people 55 years of age and over.

RISE is an essential piece of Rivier's community, holding courses and activities on the University campus and furthering the mission of Rivier University through continued education and service. RISE is also an affiliate of the Road Scholar Institute Network (formerly the Elderhostel Institute), a non-profit organization focused on the importance of lifelong learning.

During the first term of the RISE program, 60 members enrolled in courses. Currently, over 400 active members attend courses and volunteer on committees. The diverse curriculum is facilitated by RISE members and members of the local community. Courses include history, literature, writing, music, religion, current events, genealogy, foreign language, art, computers, and physical fitness.

As stated in the bylaws, "the purpose of RISE shall be to provide a quality educational opportunity for seniors in the Greater Nashua area. It will achieve this by being a member-directed learning center where active participation and fellowship are key concepts."

Office Location and Contact Information

The RISE Office is located in Memorial Hall, Room 126.

Contact information:

(603) 897-8623

rise@rivier.edu

<http://www.facebook.com/RISE1997>

RISE Program Disclaimer

The Rivier Institute for Senior Education seeks to provide courses that are academically interesting and create opportunities for members to broaden their scope and interests. The material presented in the courses is for informational purposes only. None of the courses are credit-bearing. Participation in the RISE program does not constitute attendance or enrollment at Rivier University.

Rivier University, RISE, and its facilitators disclaim any liability incurred in connection with the use of information obtained from a course.

ROAD SCHOLAR[®]

Institute Network



RISE Leadership left to right: Barbara Toohey, Secretary; Marty Guild, Treasurer; Cynthia Geiger, President; Jan Adams, Vice-President; Cheryl Cummings, Past President

RISE SPRING 2020 SCHEDULE



There will be no classes April 6-10.

TERM 1: THE FIRST FIVE WEEKS (MON., FEBRUARY 10–FRI., MARCH 13)

2534 EXERCISE

Mon. & Wed. 9:00-10:00 (10 wk)
Muldoon Fitness Center

A group exercise course to music with warm-up, cardio, strength and stretching. All abilities are welcome – you work at your own level.

Facilitator: Joanne Merrill

2535 WINDOWS 10

Mon. 9:00-10:30 (5 wk) (Limit 21)
Learning Commons Conference Room

Getting the most out of Windows 10 and your computer so that you will enjoy using Windows 10.

Facilitator: John Watkins

2536 PHOTO EDITING

Mon. 10:45-12:15 (10 wk) (Limit 15)

This is the third-semester photography course and is open only to students who have taken the first two semester courses (Composition and Camera Settings).

Facilitator: Richard Ingram

2537 HISTORICAL JESUS AND EARLY CHRISTIANITY

Mon. 10:45-12:15 (10 wk)

This course will cover the scholarship on historical Jesus and the rise of early Christianity, and its split from Judaism. **List of required supplies and reading available on www.rivier.edu/rise and from the RISE office.**

Facilitator: Suzanne Graham

NEW!

2538 AWAKEN THE NEW YOU: TAI CHI

Mon. 10:45-12:15 (5 wk) (Limit 20)

Tokyo Joe's Studios, 85A Northeastern Blvd., Nashua

Learn Tai Chi, character building, healing meditations, and much more. Part discussion and part exercise.

Facilitator: Bobby LaMattina

2539 THE DOLLAR PRINCESSES

Mon. 12:30-2:00 (5 wk)

Back by Popular Demand! In the late 19th & early 20th centuries, "Dollar Princesses" captivated the public's attention & still do today. Join us as we explore the fact & fiction of American heiresses marrying title-rich but cash-poor British noblemen. We will also view the mini-series "The Buccaneers," by Edith Wharton.

Facilitator: Nancy Nordstrom

2540 SHARING AND CRITIQUING YOUR NEWEST AND BEST PHOTOGRAPHS

NEW!

Mon. 2:15-3:45 (10 wk) (Limit 15)

This is the fourth-semester photography course and is open only to students who have taken the first three semester courses (Composition, Camera Settings, and Photo Editing).

Facilitator: Richard Ingram

2541 WATER EXERCISE

Mon., Wed., & Fri. 2:30-4:00 (10 wk) (Limit 12; choose 1 or 2 days only)

Langdon Place, 319 E. Dunstable Rd., Nashua

Water exercises for one hour. There is pre- and post- time for free-style swimming and use of spa, if desired. Being a swimmer is not required, but one must be able to navigate four steps in and out of pool.

Facilitator: Joanne Dowd

2542 LIVING STRONG

Tues. & Thurs. 9:00-10:15 (10 wk)

Muldoon Fitness Center

The Living Strong Program uses hand weights for upper-body exercises and leg weights for the lower body. Participants perform exercises while seated in chairs or standing behind chairs. All exercises are progressive. Hand and leg weights are provided.

Facilitators: Elaine Durkee, Kathy Levesque, and Patricia Riley

2543 IOS13

Tues. 9:00-10:30 (5 wk) (Limit 21)

Learning Commons Conference Room

Learn more about iOS13 and your apple device, including upgrading and understanding iOS13 and how it works with iPhones.

Facilitator: John Watkins

2544 IN SEARCH OF KNOWLEDGE, WISDOM, AND HUMOR

Tues. 9:00-10:30 (10 wk)

This course is largely video presentations of art, science, history, humor, and technology, employing Kahn Academy, Wimp, TedTalks and extreme humor clips. There is no class discussion.

Facilitator: James Collins

2545 MAC OS

NEW!

Tues. 10:45-12:15 (5 wk) (Limit 21)

Learning Commons Conference Room

The course covers using your Mac, including tips and tricks. The facilitator will be using the Catalina operating system, but this is not a requirement for those enrolled in the course.

Facilitator: John Watkins

2546 SHAKESPEARE'S THE TEMPEST

NEW!

Tues. 10:45-12:15 (5 wk)

Once considered Shakespeare's farewell to the stage, this play is one of a few pastoral romances that Shakespeare wrote late in his career. As well, it contains elements of comedy and tragedy. **List of required supplies and reading available on www.rivier.edu/rise and from the RISE office.**

Facilitator: Dr. Barbara Beierl

2547 THE REVOLUTIONARY YEARS

Tues. 10:45-12:15 (10 wk)

The course focuses on the country from the 1760s to the 1820s. It covers the influence of Native Americans, France, and Britain culminating in the Revolutionary War.

Facilitator: Connie Owen

2548 ZENTANGLE 101

Tues. 10:45-12:15 (5wk) (Limit 10)

The Huntington at Nashua, 55 Kent Lane

Learn basic components of the Zentangle method – a relaxing, fun, and easy way to create beautiful images using “elemental strokes.” **List of required supplies and reading available on www.rivier.edu/rise and from the RISE office.**

Facilitator: Martha Brooks

2549 REFLECTIONS ON WORK AND HAPPINESS

NEW!

Tues. 12:30-2:00 (5 wk)

The course will provide a thoughtful engagement with the history of how ideas of work and happiness have evolved in the United States. The course will parallel a similar three-credit course for Rivier undergraduates. RISE students will have the opportunity to discuss their views with Rivier students, and vice-versa.

Facilitator: Mark Meehan

2550 ZENTANGLE SPINNERZ

NEW!

Tues. 12:30-2:00 (10 wk) (Limit 10)

The Huntington at Nashua, 55 Kent Lane

Advanced students will create a Zentangle Spinner containing 60+ basic Zentangle patterns. Explores using watercolor to enhance the overall design. This spinner allows advanced students to learn new designs. **List of required supplies and reading available on www.rivier.edu/rise and from the RISE office.**

Facilitator: Martha Brooks

2551 OPERA

Tues. 2:15-3:45 (10 wk)

We will look at how opera has treated various national leaders in history. There is very minimal class discussion.

Facilitator: George King

NEW!

2552 WORLD WAR II IN EUROPE

Wed. 9:00-10:30 (10 wk)

Overview of World War II in Europe. The focus will be on the circumstances leading to the rise of Hitler and the takeover of Poland and Czechoslovakia and the invasion of Russia. A look at American involvement in D-Day and the end of the Third Reich. Victory and aftermath including a look at the Nuremberg trials.

Facilitator: Tom Barry

NEW!

2553 JAPAN IN WW II

Wed. 10:45-12:15 (5 wk)

An overview of Japan's involvement in WWII with a view of the invasion of China in 1933: the fall of Singapore, the Philippines, and the attack on Pearl Harbor and the dropping of the A-bomb.

Facilitator: Tom Barry

NEW!

2554 MILES DAVIS

Wed. 10:45-12:15 (5 wk)

Always exploring and creating new jazz genres, Miles' interests were broad, from bebop to cool to fusion, and everything else. His playing career went through many phases and genres, already reaching to extend the jazz musical language. His earliest gigs were with the bebop masters such as Charlie Parker, the most famous jazz album ever recorded was his "Kind of Blue" and at various times he played cool jazz, straight-ahead jazz, fusion, and fronted on several albums with a large backup orchestra.

Facilitator: Robert Hoffman

NEW!

2555 NATIVE STORIES

Wed. 12:30-2:00 (5 wk)

This course is five weeks of listening to the stories we used to teach our children.

Facilitator: Kim Hart

NEW!

2556 HOW MUSIC AND MATHEMATICS RELATE, PART II

Wed. 12:30-2:00 (10 wk)

We will study how Mathematics helps in the production of Music. While the understanding of the Mathematics is not required, it is quite interesting to find how your mind uses more Mathematics than you can normally understand in making and enjoying great music.

Facilitator: George King

2557 BASIC DRAWING FOR BEGINNERS

Wed. 12:30-3:45 (10 wk) (Limit 20)

Nashua Senior Activity Center

Why do people find it so difficult to draw well? This course is designed to remove the stumbling blocks you may be experiencing. The first step in this course is a series of exercises to help you develop "an artist's eye." The course then focuses on the fundamental tools that make 3-dimensional images look realistic in a two-dimensional environment. Sizing, form, perspective, value, and rendering will be covered in detail, and the student will practice these techniques in still life and cast drawings. This course is for beginners as well as more experienced artists. **NOTE:** This course is two 90-minute periods. **List of required supplies and reading available on www.rivier.edu/rise and from the RISE office.**

Facilitator: Michael Brazao

2558 ABSTRACT ART

Tues. 10:45-12:15 (5 wk) (Limit 16)

The Hunt, 10 Allds Street, Nashua

Whether you're new to art or advanced in your skills and seeking a creative challenge, this course is a fun way to explore various mediums, improve your technique, and meet other creatives! Learn how color, texture, composition and balance work to create a substantial abstract piece of art. This course is for beginner to advanced students.

List of required supplies and reading available on www.rivier.edu/rise and from the RISE office.

Facilitator: Julie Marie Hoey

NEW!

2559 SCHUMANN, SCHUMANN, BRAHMS

NEW!

Wed. 2:15-3:45 (10 wk)

The lifelong musical connection of a great pianist (Clara Schumann) and two great composers (Robert Schumann, Johannes Brahms). Devoted couple Clara and Robert Schumann discovered and mentored the younger Johannes Brahms and the three had a long relationship of shared musical admiration, collaboration, and friendship. 2020 is the 200th anniversary of Clara's birth.

Facilitator: Robert Hoffman

2560 YOGA – ALL LEVELS, TRADITIONAL OR CHAIR

Wed. 2:15-3:45 (10 wk) (Limit 20)

Memorial Hall, 3rd Floor Mezzanine

Class begins with centering and guided breath work (Pranayama). Our practice continues coordinating movement with breath (Asana). We conclude with relaxation (Savasana) and meditation.

Facilitator: Amy Jo Cielinski

2561 ENRICHMENT: AN OVERVIEW OF CLIMATE CHANGE

Thurs. 9:00-10:30 (Single Lecture - March 12) (Limit 25)

This single lecture provides a brief overview of mechanisms affecting climate and a top-level view of data sources relating to today's climate change controversy. It will include discussions of the implications of Global, National, and personal choices affecting carbon emissions.

Facilitator: Tom Myers

2562 TRAVELING SOLO

NEW!

Thurs. 9:00-10:30 (5 wk)

Thinking about taking a trip by yourself? Come think about it with others. We'll look at why it's a good idea, and how to plan a trip that fits your style. Traveling by yourself appeals to many older people. They are interested but not sure how to go about it or what their options are. This course will explore all the ways you can travel alone and enjoy it. The facilitator has traveled alone both abroad and in this country and is enthusiastic about encouraging others.

Facilitator: Judy Brophy

2563 SHARED WRITING EXPERIENCES

Thurs. 10:45-12:15 (10 wk) (Limit 12)

Persons interested in sharing, improving, and receiving gentle critique of their prose and poetry are invited to join this interactive group of RISE writers.

Facilitators: Joan Gibson and Charlotte Pogue

2564 PSYCHOLOGY & LITERATURE

NEW!

Thurs. 10:45-12:15 (10 wk)

Creative writers reveal the mysteries of mind and personality in their work. These psychological states will be explored in literature we read. This course will appeal to students who are curious about psychology and wish to see how it might be imbedded in literature. The textbook for this course is one that provides an overview of psychological states and disorders as they are shown in works of literature. **List of required supplies and reading available on www.rivier.edu/rise and from the RISE office.**

Facilitator: Dr. Barbara Beierl

2565 MORE JOY OF WRITING AND PROSE, PART 2

NEW!

Thurs. 12:30-2:00 (10 wk) (Limit 12)

Continue to experience the joy of creativity by writing short prose and poetry in a supportive environment. We will use *The Poet's Companion* by Addonizio and Laux as our text with new readings and exercises. This course is an opportunity to develop writing skills in both prose and poetry. Each week students are assigned a chapter to read and a choice of writing exercises to complete. **List of required supplies and reading available on www.rivier.edu/rise and from the RISE office.**

Facilitators: Caroline Akins and Elizabeth Tragash

2566 CHOICE PASTELIST

NEW!

Thurs. 12:30-2:00 (10 wk) (Limit 12)

Nashua Senior Activity Center

Each student may decide on their own subject matter based on experience. This is a class where members must have some pastel experience and come to class with needed supplies. This is a class for students wanting to improve technique and personal style. The people in the class need to have knowledge of basic art terminology, pastels in particular. Three-dimensional drawing is an absolute necessity.

List of required supplies and reading available on www.rivier.edu/rise and from the RISE office.

Facilitator: Grace McGinnis

2567 DIGITAL TECH: PERVASIVE, INVASIVE, PERSUASIVE **NEW!**

Thurs. 12:30-2:00 (5 wk)

Using TED talks and discussion, we will explore how Technology is tracking, analyzing, and ultimately influencing our decision making (<https://is.gd/DigitalFootprints>). Freedom isn't free, and neither is the Internet. This course may help you pop your filter bubble and get a better idea of who is doing what to you and why when you are online.

Facilitator: James Isaak

2568 MYTHOLOGY AND THE HUMAN CONDITION **NEW!**

Thurs. 2:15-3:45 (10 wk)

Mythology tries to answer the most difficult and the most basic questions of human existence: Who am I? Where did I come from? Why am I here? Where am I going? To the ancients, the meaning of the story was most important, not the literal truth of the details of a certain version of a tale. The objective of this class is to explore the way in which myths expressed the beliefs and values held in certain ancient cultures.

Facilitator: Merle Luber Friedenberg

2569 FRIDAY FORUM SERIES

Fri. 10:45-12:15 (5 wk)

Please join us as over the course of five weeks we listen, discuss, and enjoy five different presentations. The Curriculum Committee solicits outside speakers on a variety of topics to come and present their expertise to RISE students.

Facilitators: Curriculum Committee

2570 SECRET ROOTS OF CHRISTIANITY

Fri. 10:45-12:15 (10 wk)

This course explores the political and religious Mediterranean context, 650 BC to 100 AD, from which Christianity emerged. The course uses history and numismatic iconography to look at social, political, and religious developments. **List of required supplies and reading available on www.rivier.edu/rise and from the RISE office.**

Facilitator: David Wray

2571 GEOPOLITICS AND CONFLICTS

Fri. 12:30-2:00 (10 wk)

Analysis of geopolitical activity in the world using worldwide sites and think tank sources. Worldwide sources of geopolitical information are analyzed daily to select information for presentation. Attempts are made to obtain diverse analysis of events.

Facilitator: John Penasack

2572 PERSONALITY TYPE AND THE SPIRITUAL JOURNEY **NEW!**

Fri. 12:30-2:00 (10 wk)

Different personalities face unique challenges moving toward enlightenment. We will look primarily at the Enneagram 9 types for insight on the journey.

Facilitator: William Sawyer

2573 ARCHAEOLOGY VIDEOS

Fri. 12:30-2:00 (5 wk)

We will view and discuss videos about archaeology and artifacts related to Early Christianity. A list of videos from the facilitator's personal library will be made available that are related to excavations and discoveries in the Holy Land. Then we will view and discuss videos based on the interests of people who choose to take the class.

Facilitator: David Wray

2574 ASTRONOMY & CHRISTIANITY

Fri. 2:15-3:45 (10 wk)

This course explores ancient astronomical understandings of planets, stars, the universe, Blood Moons, and the Star of Bethlehem. The course covers naked-eye astronomy sufficiently to appreciate ancient understandings of the universe as well as religious ideas like Blood Moons, Ascent, and Descent.

Facilitator: David Wray

2575 FIVE GREAT GERMAN FILMS **NEW!**

Fri. 2:30-5:00 (5 wk)

The Bridge (1959), Aguirre, the Wrath of God (1972), The Lives of Others (2006), The White Ribbon (2009), & Barbara (2012).

Facilitator: John Sanders

TERM 2: THE SECOND FIVE WEEKS (MON., MARCH 16–FRI., APRIL 24)

2576 SURVIVING THE UNTHINKABLE

Mon. 9:00-10:30 (5 wk) (Limit 21)

Learning Commons Conference Room

How to prepare for, survive, and recover from a disaster. Includes financial preparedness, knowing and understanding watches and warnings, includes evidence-based medical techniques to keep people alive. Will discuss active shooter events.

Facilitator: John Watkins

2577 STUNNING HANDMADE ALL- OCCASION CARDS MADE BY YOU!

Mon. 10:45-12:15 (5 wk) (Limit 15)

The Huntington at Nashua, 55 Kent Lane

In this course, we will be creating all-occasion cards for your family, friends, and neighbors. Wow your loved ones with these incredible handmade cards! Each class will be like a party while creating these fabulous cards, using innovative techniques and tools for paper crafting. Supplies are provided for a \$30 fee payable to the facilitator, except adhesives. Please bring your own double-sided tape.

Facilitator: Lynn Thieret

2578 GENEALOGY FORUM

NEW

Mon. 12:30-2:00 (5wk) (Limit 20)

For the “Hobby Genealogist” beyond beginner. We will coach discovery, discussion, and refine the story of our ancestors using the internet and other resources. Many family researchers gather lots of information but need help organizing it and using it to further their research.

Facilitators: Cynthia Geiger and Frances Rodier

2579 PORTRAITS AND STILL LIFE

NEW

Mon. 12:30-2:00 (5 wk)

A look at portraits and still life over the history of western painting, exploring their reliance on detail and technique. We’ll look at two genres of painting that rely on detail to animate their subjects in this continued exploration of the history of western painting. There will be opportunities to discuss and ask questions.

Facilitator: Nancy Baker

2580 LEARNING ABOUT YOUR BRAIN: DISCOVERING WAYS TO ENHANCE YOUR LIFE

NEW!

Mon. 2:15-3:45 (5 wk)

Benoit Education Building, Room 201

This course is based on the book, *Brain-Based Strategies to Reach Every Learner* (Scholastic, 2005), written by the facilitator of this course. Utilizing brain-based information and questionnaires, students will first ascertain what “type” of learner they are. Secondly, students will use his or her brain-based strengths to create two-year attainable goals.

Facilitator: Diane Connell

2581 USING YOUR COMPUTER (MAC OR PC)

Tues. 9:00-10:30 (5 wk) (Limit 21)

Learning Commons Conference Room

Use your computer making everyday tasks easier. Computers are for creation; tablets are for consumption. This course will show students how to create. Whether it’s a letter/document, a presentation, photo album, or a family movie, we will show you how to do it.

Facilitator: John Watkins

2582 CYBERSECURITY AND FRAUD

Tues. 10:45-12:15 (5 wk) (Limit 21)

Learning Commons Conference Room

This course will cover how to spot fraud and keep your identity. Make no mistake, they are after your money. And there is little chance you can get it back.

Facilitator: John Watkins

2583 SHAKESPEARE’S RICHARD III

NEW

Tues. 10:45-12:15 (5 wk)

One of Shakespeare’s early history plays, *Richard III* ends a four-play series about the Yorkist kings and introduces a major villain. Richard III, the fourth play in the York Tetralogy, introduces one of Shakespeare’s weakest kings, Henry VI, as well as one of his best-known villains. **List of required supplies and reading available on www.rivier.edu/rise and from the RISE office.**

Facilitator: Dr. Barbara Beierl

2584 ADVANCED ZENTANGLE

NEW

Tues. 10:45-12:15 (5 wk) (Limit 10)

The Huntington at Nashua, 55 Kent Lane

This course explores the different sizes, shapes, and colors of tiles & a variety of pens (black and colored inks) will be explored. Watercolor techniques will also be applied. This course should follow Zentangle 101, or for students who have learned the basics of the Zentangle Method. **List of required supplies and reading available on www.rivier.edu/rise and from the RISE office.**

Facilitator: Martha Brooks

2585 WHAT? A 750-POUND PORCINE SQUEEZE OF LOVE AND JOY?

NEW

Tues. 12:30-2:00 (5 wk)

This course is about a non-fiction memoir - a seemingly simplistic anecdotal story about New Hampshire swine, owned and kept as pets. It encompasses human/animal relationships touting deeper lessons of self-acceptance, the value of community, and taking in the pleasures of nature and the good, green earth. **List of required supplies and reading available on www.rivier.edu/rise and from the RISE office.**

Facilitator: Gayle Plouffe

2586 THE 1964-1965 NEW YORK WORLD'S FAIR

NEW

Tues. 12:30-2:00 (5 wk)

Many of us joined the millions who attended this last major World's Fair. Color TV, the personal computer, and the internet now enable us to "see" new developments and have made extravaganzas like this obsolete. Using many videos and color photos, relive the experience of the multitude of exhibits and performances that made up this amazing showcase by industry, government, and nations.

Facilitator: Cal Knickerbocker

2587 GOLDEN AGE OF KLIMT, AN AUSTRIAN PAINTER

NEW

Wed. 10:45-12:15 (5 wk)

The Hunt, 10 Allds Street, Nashua

Gustav Klimt is noted for his paintings, murals, and sketches. In addition to his figurative works, he painted portraits and landscapes. Born in Vienna 1862; died in 1918. You may know one of his paintings, *The Kiss*.

Facilitator: Sheila Kabat

2588 BRAZILIAN MUSIC AND JAZZ

NEW

Wed. 10:45-12:15 (5 wk)

The melodic and rhythmic vitality of Brazilian music formed a natural bond with idioms of jazz, inspiring many crossover artists. Brazilian music and jazz grew in parallel from similar roots in different hemispheres. The interaction of both genres created an even richer and potentially more interesting fusion of what each had to offer. Many jazz players incorporated Brazilian tunes, instruments, and musical gestures in their repertory, and many Brazilian composers did the same with jazz.

Facilitator: Robert Hoffman

2589 MEDITATION WALKS

NEW

Wed. 12:30-2:00 (5 wk)

Meditation walks help to about bring peace, joy, and happiness. Take a verbal walk to the Bahai Garden, the Garden of Ireland, the Way of the Cross, etc.

Facilitator: Kim Hart

2590 WATERCOLOR PAINTING

NEW

Tues. 10:45-12:15 (5 wk) (Limit 16)

The Hunt, 10 Allds Street, Nashua

Learn techniques to create land/seascapes in a watercolor painting in a structured or loose style. New or experienced students. This class shows students how to create the most common elements that make up a landscape or seascape painting: skies, trees, water, reflections, mountains and textures such as rocks, bark, leaves, glass, cloth, metal, flowers, etc. Various styles will be presented and discussed.

List of required supplies and reading available on www.rivier.edu/rise and from the RISE office.

Facilitator: Julie Marie Hoey

2591 TOPSY TURVY

NEW

Thurs. 9:00-10:30 (5 wk) (Limit 21)
Learning Commons Conference Room

Ever look at proverbs and quotations and wonder what inspired the phrasing? Let's share and interpret favorite expressions and sayings!

Facilitator: Stephanie St. Laurence

2592 LIVING OUTSIDE THE BOX

NEW

Thurs. 10:45-12:15 (5 wk) (Limit 21)
Learning Commons Conference Room

How do we think outside the box, when we are taught to color inside the lines? It is possible to play by the "rules" without compromising your values. Explore your creative side as we brainstorm problem-solving techniques that may just surprise you!

Facilitator: Stephanie St. Laurence

2593 3D PRINTING

NEW

Thurs. 12:30-2:00 (5 wk)

Learn the basics of part design, and print a part on a 3D printer. No previous design experience is required. The course will start with an overview of the 3D printing process. The first project will be a personalized 3D printed key chain.

Facilitator: Robert Lemay

2594 THE ROARING TWENTIES

NEW

Fri. 9:00-10:30 (5 wk)

We will cover a variety of political and cultural events that occurred during that dynamic decade. The 1920s was one of the most important decades in American history. There were significant overriding events during this period—the enacting of Prohibition, women finally getting the vote, the availability of radio for the general population, the stock market collapse—and then there were the specific events that tell us something about American society of the time.

Facilitator: David McNeil

2595 AMERICAN QUANDARIES

Fri. 10:45-12:15 (5 wk)

We bring in experts on various issues of importance to American society. Each week, we will hear presentations on these issues. Topics may be of local importance, but more often they will be of concern to our nation as a whole. Sometimes, a presentation may even concern events taking place in other countries; still, what happens in other parts of the world is often important to American interests.

Facilitator: David McNeil

2596 ENRICHMENT: BRITISH AND AMERICAN MYSTERY WRITERS

Fri. 12:30-2:00 (Single Lecture - April 24)
(Limit 30)

This special lecture will focus on mystery books recommended by the facilitator, Dr. Ann McGreevy. Listing will include new authors and old favorites.

Facilitator: Dr. Ann McGreevy

2597 FIVE FILMS DIRECTED BY KAZAN

NEW

Fri. 2:30-5:00 (5 wk)

Gentleman's Agreement (1947), Streetcar Named Desire (1951), On The Waterfront (1954), Face in the Crowd (1957), Splendor in the Grass (1961).

Facilitator: John Sanders



OPPORTUNITIES TO GET INVOLVED AT RISE

- **Become a Facilitator.** Whether a retired education professional or an enthusiast about a particular subject, share your expertise with the RISE membership. Stimulating curriculum is the heart and soul of RISE.
- **Act as a Classroom Greeter.** Help the course facilitator by taking attendance, coordinating handouts, and making special announcements.
- **Join a RISE Standing Committee.** RISE welcomes volunteers to serve on various committees; meetings are approximately every few months.
- **Volunteer to help in the RISE Office.** From time to time, office help is needed with tasks such as copying, filing, answering phones, or mailings.
- **Take part in or start a Special Interest Group.** Special Interest Groups take topics beyond the classroom for further exploration. Join one of these groups, or start a new one.
- **Write for DAWN, the RISE Literary Journal.** Written, edited, and published by RISE members. If you love to write, this is the place for you.
- **Become a Member-at-Large.** These members serve as links between membership and the RISE Council by answering members' questions and concerns, distributing information, and helping promote RISE at special events and functions. Attend four RISE Council meetings per year.
- **Volunteer in the Simulation Lab as a patient for Rivier Nursing students.** Help nurse practitioners learn their future practice by acting as a "patient" for them.

Interest Group Organizers and Contact Information

Cardmaking	Lynn Thieret	(603) 598-8993	lthieret@rivier.edu
Computer Users	Joe Bingham	(603) 557-1040	jbingham1@comcast.net
Duplicate Bridge	Joe Bingham	(603) 557-1040	jbingham1@comcast.net
Geopolitics	John Penasack	(603) 566-3957	johnp@penasack.us
RISE Art Group	Diane Statkum	(603) 889-2841	frisco23@comcast.net
RISE Readers' Roundtable	Dorothy Lord and Carole Blackwell	Dorothy (978) 452-5057 Carole (603) 882-4647	rtaxman@comcast.net cblackwell@comcast.net
Shared Writing Experiences	Joan Gibson	(603) 888-9304	jgibson648@aol.com



MEMBERSHIP BENEFITS

No need to live on campus! No traditional college credits! No tests!

- No learning prerequisites, except a curious and investigative mind!
- Experts and enthusiasts lead a variety of courses.
- Trips and interest groups available outside of classes.
- Rivier’s Regina Library and Dion Dining Center are available to RISE members.
- The Health and Fitness Center (call 897-8257) is open to you.
- Rivier activities are available.
- Free parking pass and I.D. card.
- *DAWN*, the RISE Literary Journal is written, edited, and published by RISE members. View guidelines for submitting manuscripts at www.rivier.edu/RISE



GETTING TO RIVIER

Southbound on Rte. 3 (Everett Turnpike)

- Take Exit 4
- Turn left at light onto East Dunstable Road
- Turn right at 3rd light onto Main Street (1 mile)
- Take second right off the roundabout onto campus

Northbound on Rte. 3 (Everett Turnpike)

- Take Exit 4
- Turn right at light onto East Dunstable Road
- Turn right at 2nd light onto Main Street (1 mile)
- Take second right off the roundabout onto campus



COURSE REQUEST PROCEDURES FOR REGISTRATION

- When filling out the Registration Form, list your courses by priority (the course you WANT the most as your first choice, then your second choice, etc.). Members who choose a course as their first choice will be enrolled in that course first, then second choice, etc.
- In the event a course is overextended, the lottery is applied. It is based on the member's course priority. This ensures that most members will receive their first choice. The lottery is designed as a fair and objective method to ensure all RISE members an equal opportunity to obtain a top-class choice. Based on the order of course priority, the lottery is a computer-generated program that lists members who are enrolled in an overextended course.
- The lottery does not apply to those members who enroll in only one course. Every attempt is made to ensure that members receive their first-choice courses.
- An overextended or closed course will be noted as "unavailable" on course confirmations.
- Cancelled courses are those that have been cancelled for the semester due to insufficient enrollment or at the request of a facilitator.
- Courses held in Memorial Hall are not assigned room locations until registration is completed. Once registration is completed, members are mailed a welcome letter along with their course confirmation sheet listing course name, day and time, and room location.
- Payment is by check only. Please make checks payable to Rivier University. Mail course request form and check to RISE, Rivier University, 420 South Main Street, Nashua, N.H. 03060-5086.



*Make checks payable to Rivier University and
mail payment and registration to:*

RISE, Rivier University
420 South Main Street
Nashua, NH 03060-5086
(603) 897-8623





Please Print

Check here if you are new to RISE.

REGISTRATION FORM

Name _____ Date of Birth _____

Address _____ City _____ State _____ Zip _____

(_____) (_____)

Home Phone _____ Cell Phone _____

Email address _____

Emergency contact _____ Relationship _____

(_____)

Emergency contact phone number _____

Are you a Rivier graduate or have you taken courses other than RISE courses at Rivier? If yes, under what name?

PLEASE REMEMBER TO PRIORITIZE YOUR CHOICES; SELECT COURSES YOU WANT AND LIST THEM BY NUMBER IN ORDER OF PREFERENCE. YOU MAY ENROLL IN 5 COURSES PER TERM. IF YOU CHOOSE A 10-WEEK COURSE, BE SURE TO REPEAT THE NUMBER IN TERM 2 COLUMN ALL EXERCISE CLASSES COUNT IN YOUR TOTAL SELECTION. (P=PRIORITY)

TERM 1 (2/10/20 – 3/16/20)

TERM 2 (3/16/20 – 4/24/20)

P1 _____ P1 _____

P2 _____ P2 _____

P3 _____ P3 _____

P4 _____ P4 _____

P5 _____ P5 _____

ENRICHMENT COURSE(S) _____

Water Exercise – Please list course number above and circle only 2 days: M W F

I would like to be a greeter for these courses:

MEMBERSHIP FEE: \$130
(Payment by check only)

WAYS TO CONTRIBUTE:

RISE Memorial Scholarship Fund \$ _____

Rose H. Arthur Scholarship Fund \$ _____

TOTAL \$ _____



420 South Main Street, Nashua, NH 03060 • www.rivier.edu

SPRING SEMESTER 2020

TERM 1: FEBRUARY 10–MARCH 13

TERM 2: MARCH 16–APRIL 24



where curiosity never retires